

**DRS' TRYLOVICH, GIFFORD, MANTOR, IRVING**

CHARLESTON 702-259-1943 HENDERSON 702-750-9875 RAMPART 702-508-6714

**POST SURGICAL INSTRUCTIONS FOR IMPLANTS**

1. Read and follow the instructions under **'Post Surgical Instructions'**.
2. Sutures have been placed to keep the gum tissue in place and help the tissue and the surgical site heal properly. You will return to the office in approximately 2 weeks to have the sutures removed. If an appointment was not made for you, please call our office. If your sutures fall out after 4 or 5 days after your surgery, this is ok. You will not need to come back to have them replaced.
3. NO vigorous, strenuous activity for 5 to 7 days. Eat soft foods for the first couple of weeks. **DO NOT CHEW ON THE IMPLANT.** Chew on the opposite side of the surgical site. **DO NOT EAT** nuts, seeds, popcorn, chips, tough, chewy, crunchy, sticky foods.
4. If your implant begins to feel loose, or comes completely out, or you see pus coming from the surgical site, or you experience pain or extreme swelling, call our office immediately. If it's after hours, see **'Emergency'**.
5. For lower implants, it takes approximately 3 months for the implant to integrate in to your bone. For upper implants, it may take 4 to 5 months. You will be returning back to our office for subsequent visits, and an updated xray will be taken to ensure proper and complete healing. Your doctor will inform you when you are ready to return to your general dentist who will fabricate the permanent crown for the implant. After your crown has been placed and you have had it for at least a couple weeks, please call us to make an appointment for a final crown check!

(turn over)

6. You **must** continue your regular hygiene visits either with us and/or your general dentist. You **must** have an xray taken once a year of your implant either by us or your general dentist to ensure the health of the implant and surrounding bone.
7. If you smoke or vape, you must know and understand that it compromises the health and longevity of your implant! We encourage you to stop or minimize this to protect your investment!
8. After you have had your implant and final crown placed, if you begin to experience any pain, swelling, infection, or the implant comes out, please call our office, or see '**Emergency**'.
9. **Emergency: Dr. Gifford 702-686-3605    Dr. Mantor 1-801-372-2501**  
**Dr. Irving 850-381-2660**